Objective:
Students will learn to use cups as instruments.

Students are learning to divide rhythms with their right and left hands. This teaches sensitivity to working with an object that is fragile and needs control to create the proper sounds.

Common Core Standards:
Music-
1. Repeat a pattern in 4/4 time and in unison
2. Follow tempo and cues to start and stop
1. Count and perform 8 steady beats with a drumstick.
2. Follow a slow and fast tempo
5. Exhibit clear movements and good posture.

Materials:
Plastic Cup
Table (or hard surface)

Introduction:
Through the use of a rhythmic cup game and using a plastic cup as our drum, we will learn a syncopated rhythm that can be transferred to a mix of found use (bucket drums) and/or traditional drums.

Activity:
1) Learn the Cup Game
Cue: “One, Two, Here-We-Go” instead of, “1,2,3,4”.

   Clap, Clap 1,2,3 (tap, tap, tap)
   Clap, up, down. (lift cup up and down)
   Rest, Clap,
   Grab, bounce, bounce, down (transfer)
   Cross hands on table

2) Choose a song and play the cup rhythm while singing.
   1. Happy Birthday
   2. Little Liza Jane
   3. Try with a song of your choice with medium tempo.

Reflection:
1) Review Vocabulary:
   Beat/Pulse, Tempo, Rhythm, Cue

2) Ask students: “Why are some songs harder than others to accompany with the cup rhythm?

Music Is First and Healdsburg Jazz